



SENSE 2nd International Spine Expert Symposium

June 23 – 25, 2022 / Valencia – Spain

How forced fixation affects patients' clinical outcomes

Prof. David Noriega

Hospital Clínico Universitario de Valladolid







ASD Rate Long Term

Eur Spine J (2016) 25:1550–1557 DOI 10.1007/s00586-016-4469-5

ORIGINAL ARTICLE

Adjacent segment degeneration and revision surgery after circumferential lumbar fusion: outcomes throughout 15 years of follow-up

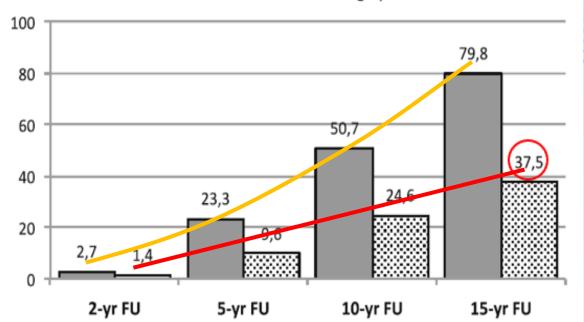
José I. Maruenda¹ · Carlos Barrios² · Felipe Garibo¹ · Borja Maruenda³

79.8% with radiological ASD

75% patients reported that they were dissatisfied with their outcome

At 15-year follow-up **37.5** % of the patients required a new surgical treatment because of ASD.

ASD and Reintervention rates



SENSE

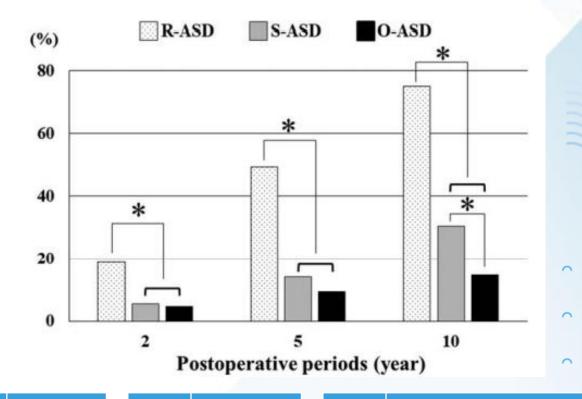


ASD Rate Long Term



- 128 patients who underwent PLIF for L4 degenerative spondylolisthesis and could be followed for at least 10 years.
- Mean follow-up period was 12.4 years (range: 10-20 years)

Revision Surgery due to ASD 15% at 10 years. At final FU the revision rate was 24% (31/128 patients)





ASD Rate Long Term





The Spine Journal 11 (2011) 11-20

Clinical Study

Incidence and prevalence of surgery at segments adjacent to a previous posterior lumbar arthrodesis

William R. Sears, MBBS, FRACS^{a,b,c,*}, Ioannis G. Sergides, MBBS, BSc, FRCS^{a,b,c}, Noojan Kazemi, MBBS, FRACS^a, Mari Smith^c, Gavin J. White^c, Barbara Osburg, RN^c

^aDepartment of Neurosurgery, Royal North Shore Hospital, Sydney, NSW 2065, Australia ^bDepartment of Spinal Surgery, Dalcross Adventist Hospital, Sydney, NSW 2071, Australia ^cWentworth Spine, Sydney, NSW 2071, Australia

Received 9 May 2010; revised 26 August 2010; accepted 30 September 2010

- 912 patients who underwent
- 1,000 consecutive PLIF procedures
- Mean FU duration: 5.2 years (range, 5 months -16 yrs)

Table 4
Mean annual incidence (over first 10 years with 95% CI) and prevalence rates (percentages with standard errors) of surgery for ASD after all fusions and single-, two-, and three/four-level fusions

Number of levels fused	ASD annual incidence mean, % (95% CI)	5 y Prevalence, % (SE)	10 y Prevalence, % (SE)	15 y Prevalence, % (SE)
All patients	2.5 (1.9–3.1)	13.6 (1.3)	22.2 (2.0)	27.3 (2.7)
One level	1.7 (1.3–2.2)	9.0 (1.4)	15.7 (2.3)	22.2 (3.5)
Two levels	3.6 (2.1–5.2)	17.2 (3.2)	30.9 (5.1)	36.1 (5.9)
Three/four levels	5.0 (3.3-6.7)	28.9 (5.2)	40.2 (6.9)	40.2 (6.9)

ASD, adjacent segment disease; 95% CI, 95% confidence interval; SE, standard error.

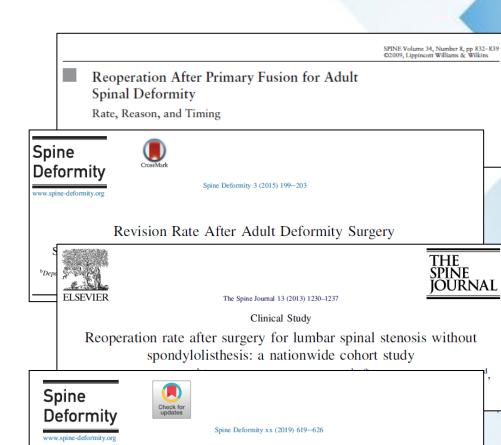




Revision Surgery Rate

Revision rate	es repor	ted at 2	years FU		
Degenerative	Э		Deformity		
Lak	2020	19.2%	Bari	2020	28%
Irmola	2018	12.5%	Pitter	2019	19.9%
Rienmuller	2015	15.0%	Glassman	2015	13%
Kim	2013	9.4%	Blamoutier	2012	25%
Deyo	2013	9.8%	Mok	2009	21.3%

Risk of revision has increased in the last decades



Revision Risk After Primary Adult Spinal Deformity Surgery:

A Nationwide Study With Two-Year Follow-up

Frederik T. Pitter, MD^{a,*}, Martin Lindberg-Larsen, MD, PhD^b,

Alma B. Pedersen, MD, PhD, DMSc^c, Benny Dahl, MD, PhD, DMSc^d,

Martin Gehrchen, MD, PhD^a

SENSE



Revision Surgery Rate

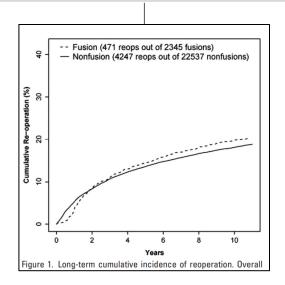
SPINE Volume 32, Number 3, pp 382-38
62007, Lippincort Williams & Wilkins, I

Reoperation Rates Following Lumbar Spine Surgery
and the Influence of Spinal Fusion Procedures

Brook I. Martin, MPH,*† Sohail K. Mirza, MD, MPH,†‡ Bryan A. Comstock, MS,*†
Darry T. Gray, MD, ScD,†§|| William Kreuter, MPA,†§ and Richard A. Devo, MD, MPH*†‡§

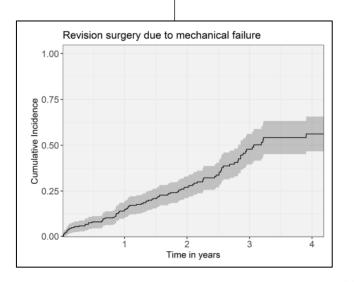
11-years FU

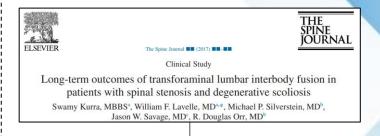
- *20.1%* revisions
- 49.5% due to device complications
- 23.6% pseudoarthrosis





Rod breakage in 54.5% of patients (127/233)





7.5-years FU 41% revisions (48% in 1-level TLIF)

Rates increasing up to >40% in long-term FU studies



Revision Surgery

Main Reasons for Revision Surgery

1. MECHANICAL FAILURES

≈ 70%

- Implant Failure
 - screw loosening/breakage
 - o rod breakage
- Pseudarthrosis
- Adjacent Segment
 - o ASD
 - o PJK



2. INFECTION

≈ 10%

International Journal of Spine Surgery

Analysis of Postoperative Thoracolumbar Spine Infections in a Prospective Randomized Controlled Trial Using the Centers for Disease Control Surgical Site Infection Criteria

Skeurwod McClelland III, M.D.; Richelle C. Takeman, M.D.; Baren S. Lonner, M.D.; Tate M. Andrea, B.S.; Justin J. Park, M.D.; Pedra A. Ricart-Huffix, M.D.; John A. Renich, M.D.; 'Gliffey A. Goldstein, M.D.; 'Gliffey M. Spirich, M.D.; 'Thomas J. Errich, M.D.'
'Dirition of Spire Assagery, Haptalle De Jouin Disease, NY Langens Medial Casteer, New York, NY, 'Department of Orthopaedics, Muun Sinai Beth Is-

SENSE



Is there a common factor?

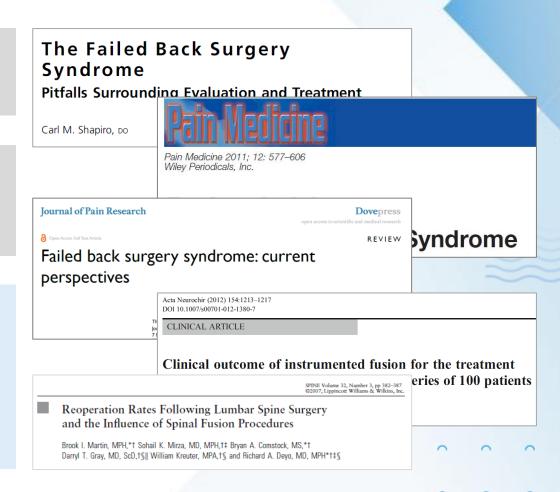
The incidence of FBSS is reported in the literature 10% and 40%¹⁻⁵

The rates are similar to several decades ago².

The incidence increases with more complex surgeries¹.

FBSS etiology:

Stenosis, Disc herniation, Fibrosis, Spinal instability, Facet joint pain, ASD, Pseudoarthrosis, Neuropatic pain, Hardware failure, Discitis, Myofascial pain, Psychological: anxiety, depression, Nerve injury, Infection, Sacro-Iliac joint dysfunction, Synovial cyst, Fibromyalgia, Radiculopathy, Arachnoiditis....



SENSE 2nd International Spine Expert Symposium

Solid Fusion is not a predictor of good long-term clinical outcome⁶

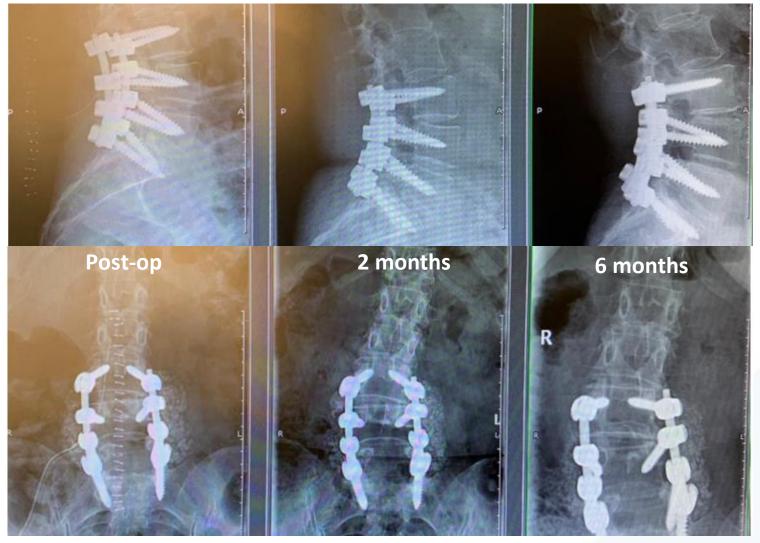


A retrospective observational clinical study

Clinical and Radiological Review of Patients with a Thoraco-Lumbo-Sacral Fusion to Analyze Risk Factors for Adjacent Segment Disease (ASD)

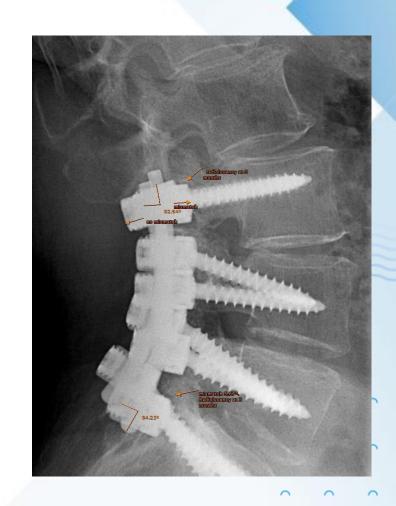








- A Screw/Rod mismatch is a clear sign of Stress overload
- Law of conservation of energy applies
- Stress overload in the construct is unloaded into surrounding tissues (Bone & Soft tissues)
- This unloading process has a major impact on Spine Biomechanics and alignment
- Is there an impact on patient's Clinical and/or Radiological Outcomes?





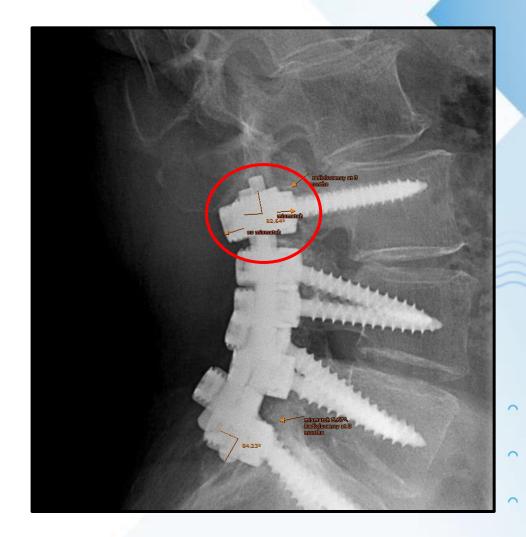
STUDY OBJECTIVE

To analyze "hardware mismatches" that may influence & impact the:

- Development of fast appearing ASD
- Clinical patient outcomes VAS (pain)
- Risk of revision surgery

Measuring in radiographs – screw-head/rod relation Comparing the group of patients where a screw head/rod "mismatch" was seen vs. group of patients without a "mismatch"

Mismatch group	NO 90° alignment
NO mismatch group	90° alignment





STUDY MATERIAL

- Retrospective review of patients who underwent fusion surgery for predominantly degenerative pathologies with pedicle screw/rod systems in the hospital database.
- Clinically and radiologically complete preoperative, postoperative, and follow-up data was required to be available.
- 1,183 patient charts/radiographs were screened from patients treated in the dept. until January 2019.
- 406 patients met the inclusion criteria for the study.
- Mean FU time was 5 years (range: 1-7years)





Patient Demographics

Total N = 406	Mean (SD) / N (%)
Age in years	50,4 (10,7)
Preoperative VAS pain	7,2 (0,4)
Gender	
Male	151 (37,2%)
Female	255 (62,8%)
Diagnosis§	
Degenerative disc disease	120 (29,6%)
Stenosis	107 (26,4%)
Fracture	45 (11,1%)
Failed back surgery	44 (10,8%)
Deformity	42 (10,3%)
Spondylolisthesis	38 (9,4%)
Inflammation	4 (1,0%)
Others	10 (2,5%)

In the 406 patients, a total of 3,016 pedicle screws were implanted between T2 and S2

Number of levels fi	ised
1	135 (33,3%)
2	120 (29,6%)
3	62 (15,3%)
4	25 (6,2%)
5	9 (2,2%)
6	10 (2,5%)
7	7 (1,7%)
8	13 (3,2%)
9	3 (0,7%)
10	8 (2,0%)
11	5 (1,2%)
12	3 (0,7%)
13	4 (1,0%)
14	2 (0,5%)





In 42.1% of the patients (171/406) a screw-head/rod mismatch was found in at least one of the pedicle screws, affecting 20.3% of the pedicle screws (613/3016).

ASD

Among the patients showing newly developed sign of radiological ASD at the superior adjacent level at the final Follow Up:

83.9 % of them were found in the "mismatch" group (47/56)

ASD - Newly develo	oped at final FU		
	Without Mismatch N=235	With mismatch N=171	P-value
No	96.2% (226)	72.5% (124)	<0.001
Yes	3.8% (9)	27.5% (47)	<0.001

Comparison of the two groups Without and With mismatches revealed statistically significant differences.





PAIN

Pain (VAS) at final Follow Up:

Patients in the mismatch group experienced significantly more pain

Pain (VAS) at f	inal FU)		
	Without Mismatch N=235	With mismatch N=171	P-value
Mean (SD)	1.4 (0.8)	2.8 (0.8)	<0.001

Comparison of the two groups Without and With mismatches revealed statistically significant difference.





REVISION

The overall revision incidence was 11.8% (48/406)

Among these Revision cases:

95.8%) of them were found in the "mismatch" group (46/48)

Revision Procedure			
	Without Mismatch N=235	With mismatch N=171	P-value
No	99.1% (233)	73.1% (125)	<0.001
Yes	0.9% (2)	26.9% (46)	\0.001

Comparison of the two groups Without and With mismatches revealed statistically significant difference.





When comparing patients who underwent intraoperative correction and/or reduction with those who did not, there were statistically significant differences in screw mismatch and revision incidence.

Outcome	Without correction/reduction N=365	With correction/reduction N=41	Statistical test P-value
	N (Column %)	N (Column %)	
Screw mismatch			0,004
No	220 (60,3%)	15 (36,6%)	
Yes	145 (39,7%)	26 (63,4%)	
Revision procedure			0,001
No	329 (90,1%)	29 (70,7%)	
Yes	36 (9,9%)	12 (29,3%)	

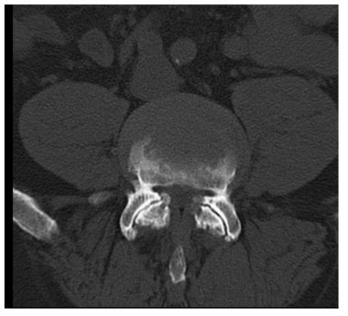


- Male 67yo
- Cervical disc arthroplasty 14 years ago
- DDD + spondylo + spinal stenosis L4-L5





- Male 67yo
- Cervical disc arthroplasty 14 years ago
- DDD + spondylo + spinal stenosis L4-L5





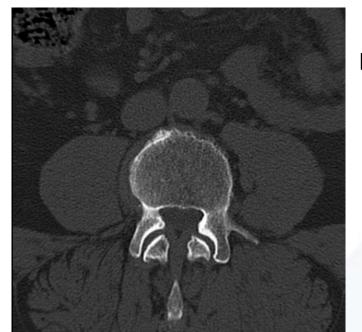
L4-L5 spinal stenosis, PreOP

PreOP x-ray

SENSE



2nd International Spine Expert Symposium



L3-L4 PreOP normal disc space

Spinopelvic parameters



20

0 0





PostOP



6 weeks PostOP Left-caudal screw pullout

Mismatch: 85.04°

P 55°

LL 44°

PT 20°

SS 27°



12 weeks MRI

21

SENSE







CT 16 weeks PostOP VAS - WORSENING Mismatch cranial screw 86°

PI 55°

LL 46°

PT 19°

SS 30°

MRI 19 weeks PostOP





Final x-ray control







Conclusions

- Ortogonal relationship beteween rod-screw plays an important role in clinical-radiological outcomes
- Control of the spinopelvic parameters is mandatory
- Mismatch of the rod-screw interface should be considered as an important actor in unexpected outcomes